

Meeting: **Leicestershire Local Access Forum**

Date/Time: **Thursday, 2 July 2015 at 5.30 pm**

Location: **Framland Committee Room, County Hall, Glenfield.**

Contact: **Mr. B. Holihead (Tel. 0116 305 6339)**

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SUPPLEMENTARY INFORMATION

Item

1. Shared Routes – Presentation from Travel Choice and Access Team. (Pages 2 - 15)
2. Reports from representatives on outside bodies. (Page 16)
 - d) Parks, Open Spaces and the Countryside Group (Vicky Allen).

Travel Choice & Access Team



Schools Programme



Choose How You Move
Schools Programme



September 2014 - July 2015

The Travel Choice and Access Team would like to work with your school to reduce congestion; create a safer environment and promote healthier lifestyles to staff, pupils and their families by encouraging them to walk, cycle and scoot to school.

Taking part in the programme has many benefits for schools including:

- happier and healthier families
- creating a safer environment outside the school gates
- increased physical activity at your school
- opportunities to work with other schools in the community
- supporting applications for scooter/cycle parking facilities

Dani King
2012 Olympic gold medallist
Supporting cycling
in Leicestershire





1 Park and Stride Campaign

We appreciate that some families live too far to walk, cycle or scoot all the way to school. A Park and Stride scheme encourages families to park away from school and walk the last part of their journey.

With support from a Sustainable Travel Officer, the School Council will run their own campaign to encourage more families to Park and Stride.

Pupils will collect data and present information and use it to run their own travel clinic; deliver assembly presentations and write articles for the school newsletter.

We will provide:

- a Sustainable Travel Officer to support the School Council
- resources to help pupils deliver a successful campaign

Your school will be required to:

- nominate a member of staff to encourage and support pupils
- provide a suitable meeting venue



Schools Programme



We are looking for two schools to take part in a Bike Club pilot aimed at year 5 pupils.

The aim of the club is to work with pupils that have recently completed Bikeability level 2 training to give them the knowledge and confidence to make every day journeys by bike.

The club consists of five sessions delivered by an experienced cycle trainer which will cover journey planning, bike maintenance, a BMX stunt workshop and a transition ride.

We will provide:

- assembly to promote the bike club
- an experienced cycle trainer to deliver the sessions
- permission forms
- all resources and activities for FREE
- risk assessments and insurance cover for all activities

Your school will be required to:

- organise Bikeability training for year 5 pupils
- facilitate the club during the school day
- provide a member of staff to assist the cycle trainer
- collect permission forms



Schools Programme



The Cycle Skills Competition is an inter-school competition for year 5 pupils.

The aim of the competition is to improve pupils' cycling skills and to raise the profile of cycling at school.

Pupils compete against their peers in time trials and skills games on the school playground, delivered by an experienced cycle trainer.



The top 4 scoring pupils are invited to compete against other school teams at a grand finale which will take place on a Saturday morning (date to be confirmed) at a local venue.

We will provide:

- assembly to promote the competition to year 5 pupils
- permission letters
- prizes and awards
- experienced and friendly cycle trainers to run the competition

Your school will be required to:

- provide a suitable space for the qualifier (e.g. playground)
- collect permission forms



Schools Programme



Walk to School Week is part of the National Walk to School campaign that takes place every May, which encourages families to leave the car at home and take the chance to get outside and get fit by walking to and from school.

The week sees a range of events held around the country to highlight road safety and the benefits of walking to school.

Leicestershire County Council is providing Living Streets' classroom packs to enable schools to run their very own Walk to School Week. The pack includes a wall chart, learning resources and rewards for participants.

Don't worry if your school has other commitments during May, the packs can be used at any time of the year.

We will provide:

- assembly to promote Walk to School Week
- classroom packs from Living Streets

Your school will be required to:

- record when pupils walk to school during the week
- promote walking to school to pupils and parents



LIVING STREETS
PUTTING PEOPLE FIRST

Target Schools Overall uptake - 37%

- Loughborough and Charnwood 30%
- Coalville and North West 26%
- Hinckley and Hinckley & Bosworth 51%



Big Family Bike Ride



Adult Cycle Courses

- 🚲 Targets anyone over 16 in Leicestershire
- 🚲 Available in most market towns and central Leicestershire
- 🚲 Targets people of all abilities. Trainees are split into skill based groups



Adult Cycle Courses

- 🚲 Helps to meet our aims of reducing congestion and to promote sustainable travel
- 🚲 Engages with an audience that would not usually be interested cycling
- 🚲 Improves levels of fitness and activity in participants



Adult Cycle Courses

- 🚲 Since 2011, 1331 adults have signed up for a course. Last year we trained 383 adults over 28 courses.
- 🚲 Before the courses 186 people could not cycle. After the courses only 7 still could not cycle.
- 🚲 41 participants now making journeys by bike they previously made by car.
- 🚲 2015 target is 150 participants over 15 courses concentrating on Hinckley.





However
you travel
**share the
space**



Share the space

COMING SOON
New cycle and
pedestrian
network



Coalville Cycling **FUN!**



Photo credit: British Cycling

Wednesday 29th May

11am - 3pm at Stephenson College, Coalville

Dani King - Olympic gold medallist will be leading rides*, plus lots of other free fun cycling activities including:

- Dani King training bike challenge*
- stunt riders
- bicycle smoothie maker
- race toy cars with pedal power
- children's races
- Dr. Bike maintenance sessions*



Discover
the new
paths with
an Olympic
champion

Two adult bikes
to be won
**ENTER A FREE
DRAW ON
THE DAY!**

Start the day with accompanied bike rides*, at 10.30am from

- St Clare's Catholic Primary School, Coalville
 - Broom Leys School, Coalville
 - All Saints Church of England Primary School, Coalville
 - Whitwick St John the Baptist Church of England Primary School
- and claim a free bike bell or seat cover.

Leid rides with Dani start from Stephenson College at 11.45am and 1.15pm*
Q&A session 2.15 - 2.45pm*.

*Booking essential call 0116 305 3179
or email ETDCentraladmin@leics.gov.uk
More on cycling at www.choosehowyoumove.co.uk



Contact



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Agenda Item 8.D

Meeting of Leicestershire Parks, Open Spaces & Countryside Network, 25 June 2015 at Market Harborough.

In 'Updates' there was a brief report & discussion on the training day at Oadby for John Law's disabled access programme which seemed to have gone very well.

The Harborough Open Spaces Strategy is going to Committee on 30 July

I mentioned the LLAF's current pre-occupation with Lost Ways and the meeting with Charnwood Roots which was of interest to the person concerned with the proposed Charnwood Regional Park.

Foxton to Mkt Harborough links are being explored and I suggested it might be helpful to liaise with the HOFF Access Group re funding.

We then had an illustrated presentation from Lisa Smallwood of the Welland Rivers Trust re the "re-wilding" of the Welland through Mkt Harborough, followed by a walk up the nearest section during which we learnt more about technical problems (e.g. drain outlets and riparian landowners). The river now forms a green ribbon thru the town and, where space allows, has a more interesting channel with shallow "riffles" and deep pools providing a variety of habitats. Given that work was only finished earlier this year, the vegetation is already providing significant cover. We finished our walk at the site of the old 'rubber factory' where the Welland is in a concrete channel, but there was the most glorious burst of mid-day birdsong that I have heard in a long time. It is not clear how much impression the improvements have made on Harborough residents but, apparently, the amount of litter is now much smaller, which presumably indicates that it is appreciated (and litter is regularly collected).

The re-wilding experience here will be used to advise the project for re-wilding the Soar valley.

When the minutes are to hand I will circulate them to LLAF members.

Vicky Allen, 29 June 2015